## Galatians 4:4-7 (NIV)

**4** But when the set time had fully come, God sent his Son, born of a woman, born under the law, **5** to redeem those under the law, that we might receive adoption to sonship.[a] **6** Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba,[b] Father." **7** So you are no longer a slave, but God's child; and since you are his child, God has made you also an heir.

We are heirs to the kingdom of God. We are redeemed. We are fully and completely children of the one true God. This passage is such a beautiful reminder that we were chosen to be God's children. No matter the circumstances that were present when we entered into this world, we are all equally valuable in God's eyes. Whether our biological family was stable or hurting when we were created, God formed us in our mother's womb and planned for us to be adopted into his sonship to free us from the slavery of sin (Psalm 139:13-16). What a gift.

Scientific research has shown that the experiences adopted children have connecting with their adoptive parents interact with their genetics to change the structure and function of the brain. In essence, children biologically become a new creation in the family God gave to them. The same is true for us when we are adopted as God's son or daughter. He molds us and grows us to be connected to him so that we can learn to want what he wants and to seek value only in His love. I am so thankful for this truth. How freeing it would be if we could remember each day that the comfort and security the world offers is nothing compared to the salvation and love we experience from our Abba, Father. I pray that each time I find myself yearning for acceptance from the world or start to idolize the comforts the world can offer, I remember that what God offers transcends anything I may find value in in this temporal circumstance.

Lord, help me to reflect on the worldly treasures and comforts that have me enslaved and prevent me from embracing my place as your child, truly loved and valued no matter the circumstances each day brings. Help me to hear the Holy Spirit as you guide me to share this great news with those around me.

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